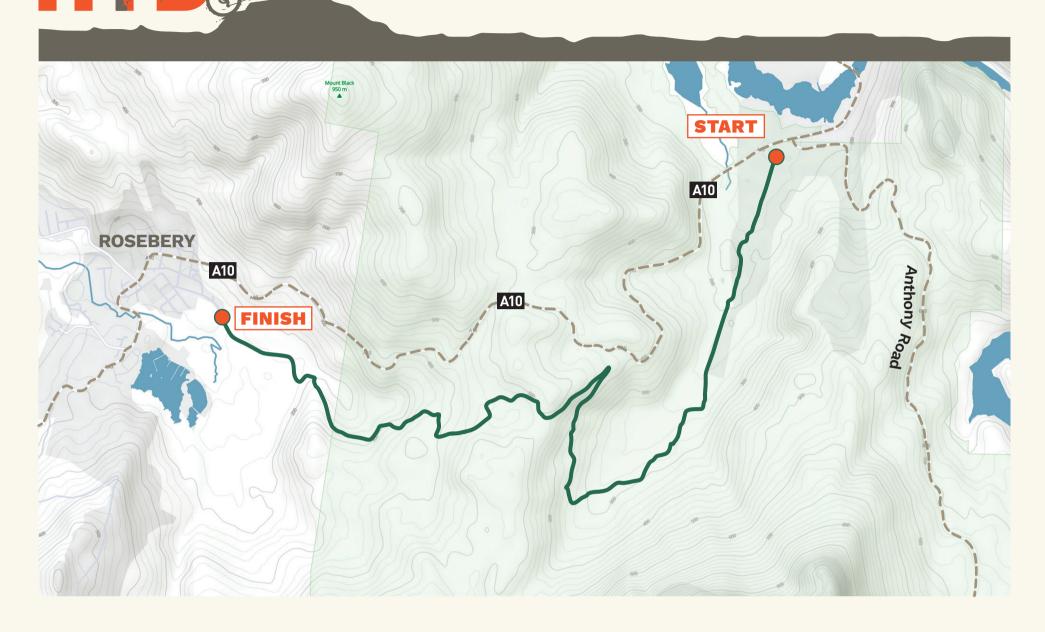


NEST COAST

TULLAH-ROSEBERY

STERLING VALLEY



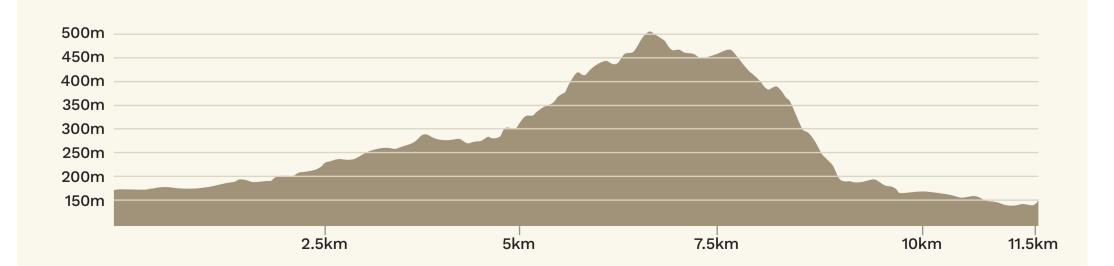
START: 300m west of the Anthony Road junction on Murchison Highway

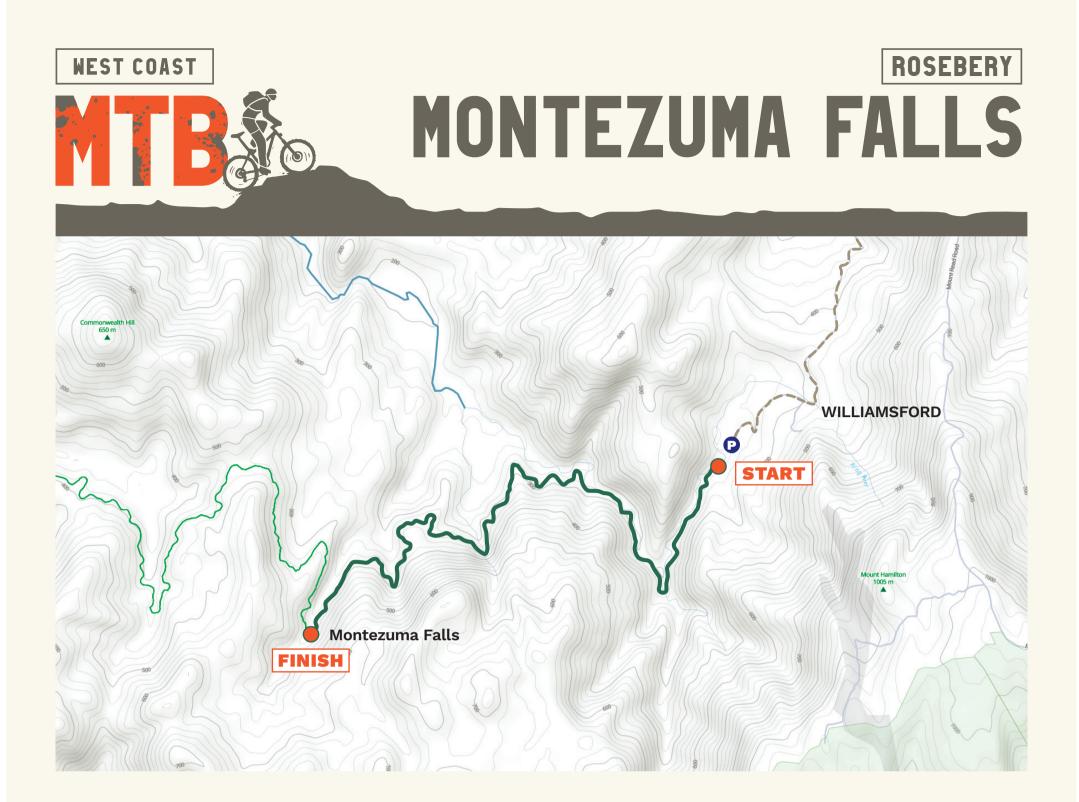
FINISH: end of Dalmeny St, Rosebery

DISTANCE: 12kms

For further trail information, including photos and videos: **WESTCOASTTAS.COM.AU**

A challenging but rewarding ride through beautiful myrtle rainforest with occasional spectacular views to the impressive face of Mt Murchison. The track largely follows historical trails from near Tullah to Rosebery. A gravel track starts you on a winding trail through the forest to Sterling Saddle. At the top gravel roads link through to the descent into Rosebery which mostly follows an old shoe track which was used when logging occurred on the slope many years ago. The sections of technical difficulty, which occur on the descent into Rosebery, are short and are capable of being walked by less competent riders.





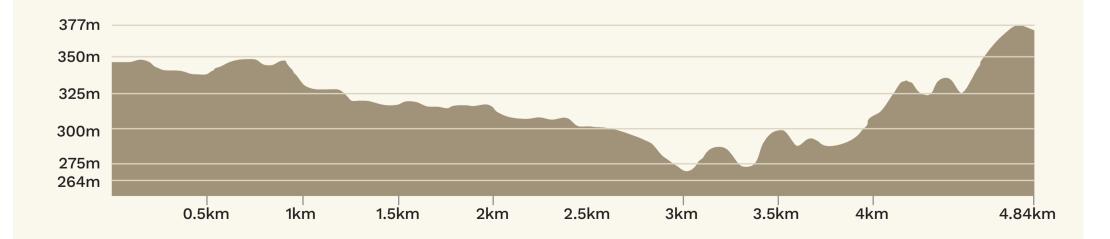
START: Montezuma Falls carpark.
200m after leaving Rosebery, travelling south, turn left to Williamsford.
The car park is approximately 6kms at the end of this road.

FINISH: Suspension bridge, Montezzuma Falls.

DISTANCE: 5kms

For further trail information, including photos and videos: **WESTCOASTTAS.COM.AU**

Montezuma Falls, near Rosebery is Tasmania's highest waterfall. The trail to the falls is a shared walking/MTB trail and begins at Williamsford, two kilometres south of Rosebery. The trail hugs the contours of the mountain with gentle gradients that take you to the base of the 104 metre falls through pleasant park-like rainforest of leatherwood, myrtle, sassafras and giant tree ferns. You may see native wildlife along the way, including several species of birds. The track follows the historic route of the former North East Dundas Tramway. The creek immediately below the falls was once spanned by a wooden trestle bridge, 48 metres long and 15 metres high. Today derelict pieces of timber, moss-covered concrete piers and rusty bolts are the only remains of this bridge. This is a great introductory MTB and walking trail for beginners and families.





START: Trial Harbour Road, Zeehan

FINISH: Zeehan

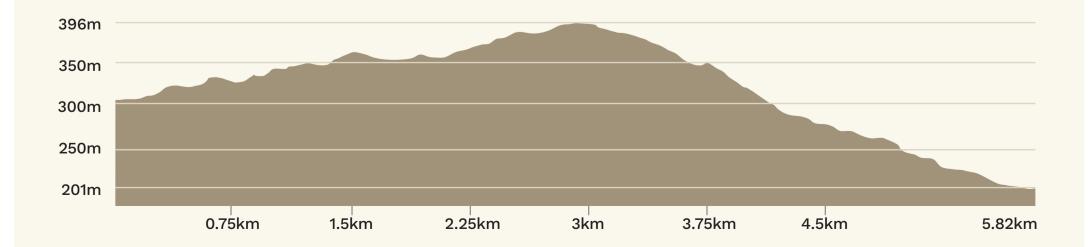
DISTANCE: 5.8kms

For further trail information, including photos and videos:

WESTCOASTTAS.COM.AU

PLEASE NOTE: the area of Oonah Hill is categorised as an Extreme Hazard Area due to open mine shafts and highly exposed sections of trail. Riders are advised to remain on the trail at all times.

The first purpose-built MTB trail on the West Coast, providing a mountain bike experience not found elsewhere in Tasmania. The trail is an easy climb through buttongrass hills to a high point of 396m, providing unique open riding with expansive 360 degree views over the Heemskirk Range and out to the Southern Ocean on clear days, before a flow descent of approximately 2.5km through dense tea tree forest. Although rated Green, the trail can be enjoyed by all riders. From Main Street, Zeehan head towards the Trial Harbour intersection. After turning onto Trial Harbour Road, travel approximately 3km to a service road on the right-hand side where you'll find trail head signage. If not shuttling, park here.





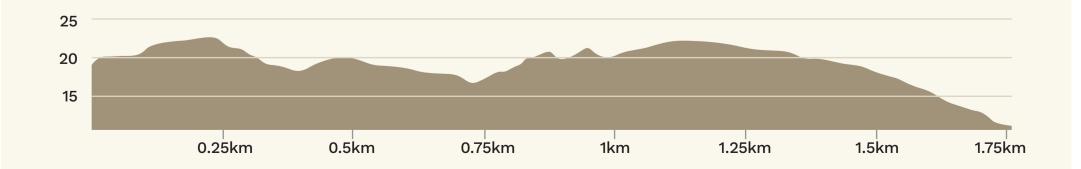
START: Ocean Beach Road, Strahan (unsealed road)

FINISH: Ocean Beach

DISTANCE: 1.8km

For further trail information, including photos and videos: **WESTCOASTTAS.COM.AU**

A 2km (4km return) low impact shared trail, ideal for cycling, walking, horses and the beginner mountain biker. With a car park at the trail head and magnificent Ocean Beach awaiting, the Ocean Beach Trail is perfect for families and those wanting to experience the fresh West Coast air and environment. The trail is accessed from Ocean Beach Road – keep an eye out for signage on your right-hand side.



MT OWEN TRAIL WAP

MELCOME TO THE MT OWEN TRAILS!

Wherever you go in Queenstown, Mt Owen looms large at an impressive 1,146 m above sea level. On a clear day from the top, gaze towards Frenchman's Cap, ponder the lost towns lying under Lake Burbury or look West across the Southern Ocean.

Once heavily wooded, the area's long industrial mining history and heavy timber felling left their mark. The mountain now lays bare it's dramatic ridge lines and geology, making this trail network a unique and highly engaging riding experience.

Book a shuttle to experience the Upper Mountain trails or get on your bike and pedal the unique landscapes of Little Owen to earn

SAFETY INFORMATION

Please adhere to all rider information, warnings and any trail clo-

The Mt Owen trails feature remote, back-country trail experiences, with frequently-changing trail conditions. Trails feature natural and built trail features, extreme slopes and exposed areas.

Helmets are mandatory for all riders and riding alone is not recommended due to the remote location. Protective equipment such as gloves, knee and elbow pads are strongly recommended

Riders must be prepared to be self-sufficient. The following items are recommended to be carried by all riders with a good understanding of how to use or operate each item

- Food + Water
- First Aid Kit - Multi Tool
- Pump
- Spare Inner Tube - Tyre Levers
- We recommend the Emergency+ App to all users.

EMERGENCY INFORMATION

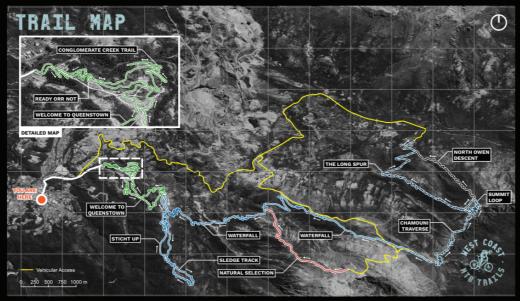
In the case of an emergency requiring urgent medical assistance or rescue, please call 000.

Mobile phone reception is available for the majority of the trail net-

In the event of an emergency, please locate the nearest emergency location marker. These markers are located at key areas throughout the trail network.

DISCLAIMER

Mountain biking is an inherently dangerous sport, where serious injury, permanent impairment and death are potential risks for all trail users. Users of these trails accept these risks, and indemnify all parties associated with the design, development and management of the trail network in the event of an accident.



TRAIL DIFFICULTY RATING SYSTEM



Wide trail with a gentle gradient smooth surface. Some obstacles such as roots, logs and rocks. Suitable for beginner cyclists with basic mountain bike skills, and off-road bikes.



EASY WITH INTERMEDIATE SECTIONS

Likely to be single track with a moderate gradient, variable surface and some obstacles. Suitable for mountain bikers with mountain bikes



INTERMEDIATE

Single trail with moderate gradients, variable surface and obstacles. May include steep ections. Suitable for skilled mountain bikers with mountain bikes.



INTERMEDIATE WITH DIFFICULT SECTIONS

Suitable for competent mountain bikers, used to physically demanding routes. Expect large and unavoidable obstacles and features. Challenging and variable with some steep sections and loose surfaces.



DIFFICULT

Suitable for experienced mountain bikers, used to physically demanding routes. Expect large, dangerous and unavoidable obstacles and features. Challenging and variable with long steep climbs or descents and loose surfaces.



Suitable for highly experienced mountain bikers, used to physically demanding routes. Navigation and personal survival skills are highly desirable. Extreme levels of exposure and / or risk. Expect large and unavoidable obstacles and features. Some sections will be easier to walk.

TRAIL ETIQUETTE

1. RIDE OPEN TRAILS

Respect trail and road closures - ask the local trail managers for clarification if you are uncertain about the status of a trail. Do not trespass on private land.

2. LEAVE NO TRACE

Staying on existing trails and don't cut corners or take shortcuts. Don't litter on the trails and if you see any rubbish on the trails, please pick it up and dispose of it in a bin.

3. YIELD APPROPRIATELY

Bikes should yield to other non-motorized users, unless the trail is clearly signed for bike-only travel. Users traveling downhill should yield to ones headed uphill, unless the trail is clearly signed for one-way or downhill-only traffic.

4. CONTROL YOUR BICYCLE

Ride within your limits. Be courteous, patient and polite when passing or being passed by other riders. When stopping, move off to the side to avoid blocking the trail.

Be prepared and self-sufficient. Keep your equipment in good repair and carry necessary supplies for changes in weather or other conditions. Always wear a helmet and appropriate safety gear.

6. KEEP IT CLEAN

To help stop the spread of weeds and disease in Tasmania, please ensure your bike is clean before you hit the trails - especially if you're traveling between trail networks.

TRAIL INFORMATION

LOWER MOUNTAIN:

ACCESSED VIA A SHORT RIDE FROM TOWN TO TRAMWAY ST. YOU WILL FIND TRAIL LOOPS TO SUIT ALL FITNESS AND SKILL LEVELS. FEATURE PACKED TRAIL RIDING AND AWESOME VIEWS AWAIT.

NAME	DESCRIPTION	DIFFICULTY	DISTANCE
CONGLOMERATE CREEK TRAIL	A gentle two way trail along Conglomerate Creek at the bottom of the Little Owen trails. A nice place to head on a hot summers day.	\bigcirc	0.2km
READY ORR NOT	A great first taste of mountain biking in Queenstown, or a great shorter loop for any rider. Ready or not, you'll have to ride uphill to get the fun on the way back down!	0	1.1km
WELCOME TO QUEENSTOWN	A loop trail taking riders further up onto Little Owen, the trail continues climbing from the top of Ready Orr Not. With dramatic 360 views and plenty of giant berms and rollers, this is a trail not to be missed!		5.9km
STICHT UP	Continue upward and into the hills from Welcome to Queenstown. After a short, sharp climb you are rewarded by some of the best views in the trail network and a wide range of optional more challenging technical trail features.		3.7km
SLEDGE TRACK	Go further. A remote, back-country style trail through a truly unique land- scape. The trail follows part of a historic track that once linked the towns of Lynchford and Gormanston in the late 1800's.		2.0km

LIPPER MOUNTAIN-

ACCESSED VIA THE OWEN SPUR SHUTTLE, THESE TRAILS ARE REMOTE AND PHYSICALLY DEMANDING. INTERMEDIATE OR ABOVE SKILL

LEVEL RECOMMENDED.			
NAME	DESCRIPTION	DIFFICULTY	DISTANCE
WATERFALL	Waterfalltakes riders on an epic backcountry journey, filled with waterfalls, boulder fields and rugged terrain. Riders will pass by the top of Horsetall Falls before plunging into a remote valley. An iconic descent with a range of trail features. Links onto the Welcome to Queenstown descent.		9.9km
CHAMOUNI TRAVERSE	A taste of big mountain adventure along precipitous ridge lines linking Mt Owen to the North Owen peak. Steep chutes, technical flow and a short climb will get you primed to drop into the valley below.		2.6km
SUMMIT LOOP	Accessed via Chamouni Traverse - Go above and beyond. Climbing to the peak of North Owen, iders experience a truly rugged, remote and technical riding experience before either returning back around to The Long Spur or committing to the North Owen Descent.		1.7km
THE LONG SPUR	Accessed via Chamouni Traverse, this rocky ridge line is remote, rugged and exposed. The trail weaves down the top of the ridge, offering riders an engaging mix of berms, rocks, gravel and expansive views up the valley.		4.2km
NORTH OWEN DESCENT	Accessed via Chamouni Traverse - This exposed, steep and demanding trail follows an improbable ridge line from the North Owen peak directly to the valley floor below.	\Diamond	2.0km
NATURAL SELECTION	Beginning with a hike/ride (approx. 20 mins) up to the trail head above 1000 m Mt Owen, the trail traverses highly technical terrain before it glains the prominent summir ridge line. The descent that follows is a raw, the contract training the contract line of highly experienced ridges only Links onto "Waterfall" near Morsetali Fall.	\Leftrightarrow	2.3km

PROJECT PARTNERS





