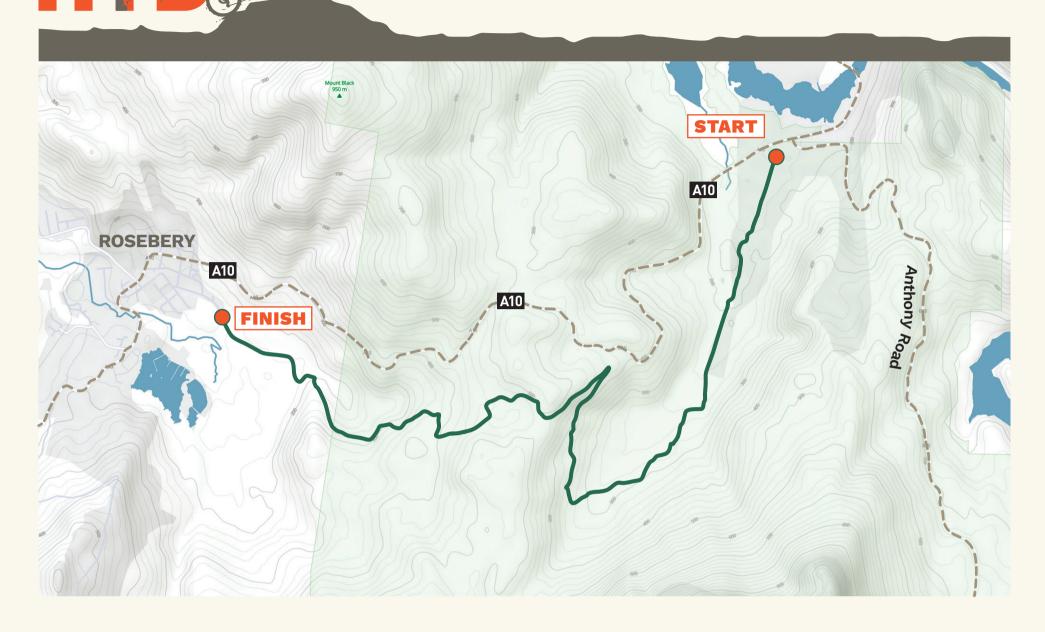


NEST COAST

TULLAH-ROSEBERY

STERLING VALLEY



START: 300m west of the Anthony Road junction on Murchison Highway

FINISH: end of Dalmeny St, Rosebery

DISTANCE: 12kms

For further trail information, including photos and videos: **WESTCOASTTAS.COM.AU**

A challenging but rewarding ride through beautiful myrtle rainforest with occasional spectacular views to the impressive face of Mt Murchison. The track largely follows historical trails from near Tullah to Rosebery. A gravel track starts you on a winding trail through the forest to Sterling Saddle. At the top gravel roads link through to the descent into Rosebery which mostly follows an old shoe track which was used when logging occurred on the slope many years ago. The sections of technical difficulty, which occur on the descent into Rosebery, are short and are capable of being walked by less competent riders.





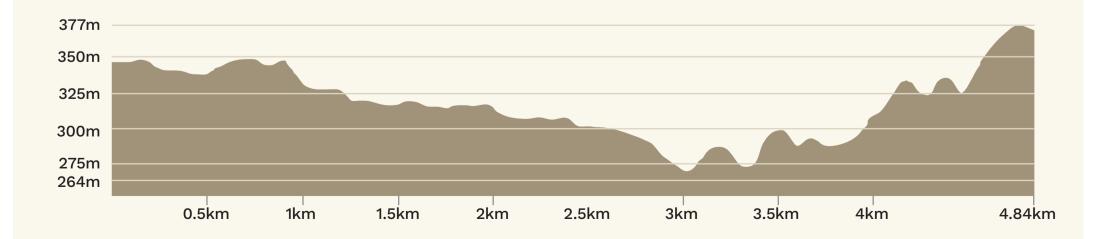
START: Montezuma Falls carpark.
200m after leaving Rosebery, travelling south, turn left to Williamsford.
The car park is approximately 6kms at the end of this road.

FINISH: Suspension bridge, Montezzuma Falls.

DISTANCE: 5kms

For further trail information, including photos and videos: **WESTCOASTTAS.COM.AU**

Montezuma Falls, near Rosebery is Tasmania's highest waterfall. The trail to the falls is a shared walking/MTB trail and begins at Williamsford, two kilometres south of Rosebery. The trail hugs the contours of the mountain with gentle gradients that take you to the base of the 104 metre falls through pleasant park-like rainforest of leatherwood, myrtle, sassafras and giant tree ferns. You may see native wildlife along the way, including several species of birds. The track follows the historic route of the former North East Dundas Tramway. The creek immediately below the falls was once spanned by a wooden trestle bridge, 48 metres long and 15 metres high. Today derelict pieces of timber, moss-covered concrete piers and rusty bolts are the only remains of this bridge. This is a great introductory MTB and walking trail for beginners and families.





START: Trial Harbour Road, Zeehan

FINISH: Zeehan

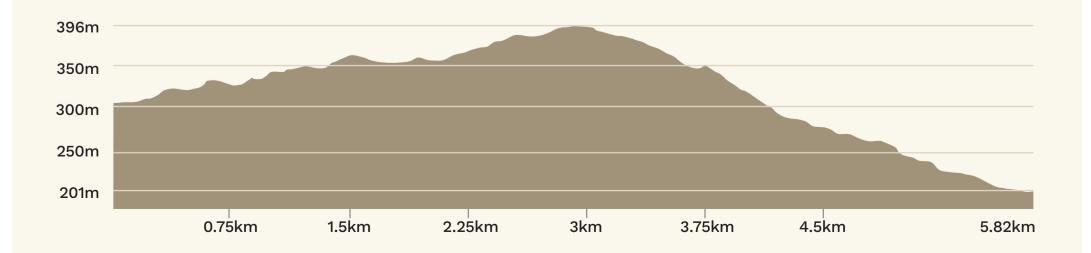
DISTANCE: 5.8kms

For further trail information, including photos and videos:

WESTCOASTTAS.COM.AU

PLEASE NOTE: the area of Oonah Hill is categorised as an Extreme Hazard Area due to open mine shafts and highly exposed sections of trail. Riders are advised to remain on the trail at all times.

The first purpose-built MTB trail on the West Coast, providing a mountain bike experience not found elsewhere in Tasmania. The trail is an easy climb through buttongrass hills to a high point of 396m, providing unique open riding with expansive 360 degree views over the Heemskirk Range and out to the Southern Ocean on clear days, before a flow descent of approximately 2.5km through dense tea tree forest. Although rated Green, the trail can be enjoyed by all riders. From Main Street, Zeehan head towards the Trial Harbour intersection. After turning onto Trial Harbour Road, travel approximately 3km to a service road on the right-hand side where you'll find trail head signage. If not shuttling, park here.





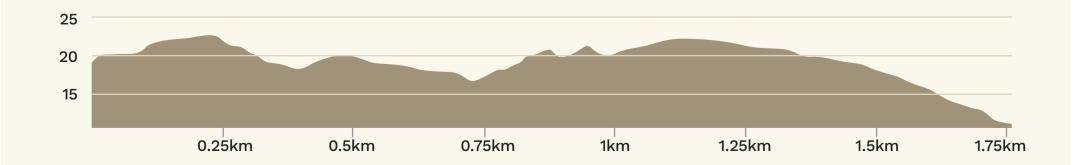
START: Ocean Beach Road, Strahan (unsealed road)

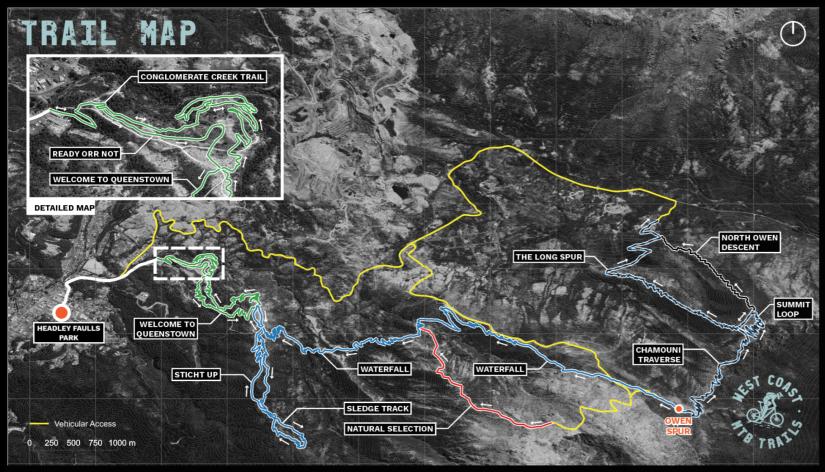
FINISH: Ocean Beach

DISTANCE: 1.8km

For further trail information, including photos and videos: **WESTCOASTTAS.COM.AU**

A 2km (4km return) low impact shared trail, ideal for cycling, walking, horses and the beginner mountain biker. With a car park at the trail head and magnificent Ocean Beach awaiting, the Ocean Beach Trail is perfect for families and those wanting to experience the fresh West Coast air and environment. The trail is accessed from Ocean Beach Road – keep an eye out for signage on your right-hand side.





WELCOME TO THE MT OWEN TRAILS!

Wherever you go in Queenstown, Mt Owen looms large at an impressive 1,146 m above sea level. On a clear day from the top, gaze towards Frenchman's Cap, ponder the lost towns lying under Lake Bikes should yield to other non-motorized users, unless the trail is clearly signed for bike-only travely Burbury or look West across the Southern Ocean.

Once heavily wooded, the area's long industrial mining history and heavy timber felling left their mark. The mountain now lays bare it's dramatic ridge lines and geology, making this trail network a unique 4. CONTROL YOUR BICYCLE and highly engaging riding experience.

Book a shuttle to experience the Upper Mountain trails or get on your bike and pedal the unique landscapes of Little Owen to earn the views.

DISCLAIMER

Mountain biking is an inherently dangerous sport, where serious injury, permanent impairment and death are potential risks for all trail users. Users of these trails accept these risks, and indemnify all parties associated with the design, development and management of the trail network in the event of an accident.

TRAIL ETIQUETTE

1. RIDE OPEN TRAILS

Respect trail and road closures - ask the local trail managers for clarification if you are uncertain about the status of a trail. Do not trespass on private land.

2. LEAVE NO TRACE

Staying on existing trails and don't cut corners or take shortcuts. Don't litter on the trails and if you the trail network see any rubbish on the trails, please pick it up and dispose of it in a bin.

el. Users traveling downhill should yield to ones headed uphill, unless the trail is clearly signed for one-way or downhill-only traffic.

Ride within your limits. Be courteous, patient and polite when passing or being passed by other riders. When stopping, move off to the side to avoid blocking the trail.

Be prepared and self-sufficient. Keep your equipment in good repair and carry necessary supplies for changes in weather or other conditions. Always wear a helmet and appropriate safety gear.

To help stop the spread of weeds and disease in Tasmania, please ensure your bike is clean before you hit the trails - especially if you're traveling between trail networks.

EMERGENCY INFORMATION

In the case of an emergency requiring urgent medical assistance or rescue, please call 000

Mobile phone reception is available for the majority of the trail net-

In the event of an emergency, please locate the nearest emergency location marker. These markers are located at key areas throughout

SAFETY INFORMATION

Please adhere to all rider information, warnings and any trail clo-

The Mt Owen trails feature remote, back-country trail experiences, with frequently-changing trail conditions. Trails feature natural and built trail features, extreme slopes and exposed areas.

Helmets are mandatory for all riders and riding alone is not recommended due to the remote location. Protective equipment such as gloves, knee and elbow pads are strongly recommended.

Riders must be prepared to be self-sufficient. The following items are recommended to be carried by all riders with a good understanding of how to use or operate each item:

- Food + Water
- First Aid Kit
- Multi Tool
- Pump
- Spare Inner Tube Tyre Levers
- We recommend the Emergency+ App to all users.

TRAIL INFORMATION

LOWER MOUNTAIN:

ACCESSED VIA A SHORT RIDE FROM TOWN TO TRAMWAY ST



TRAIL DIFFICULTY RATING SYSTEM

